

1, Vassar Street  
Cambridge - Mass. U.S.A.

My dear father,

22nd Nov 1926

Last week I had no Indian mail on Wednesday; this week I had it today. Foreign mail leaves the Indian shore only once a week i.e. on Saturday, so no enquiries on our part can speed up the delivery of letters. The address as I have sent you is quite alright; you showed me nothing to it. You have no idea what facilities the institute has been offering to the students with regard to postal service.

I have already given you an idea of the room I stay in with a companion. Its only attraction is its vicinity to my institute. Equally big & a bigger room, far better furnished I can have to myself alone for the same rate. But that would save ten or fifteen minutes every off and perhaps one may not get kitchen and laundry privileges which just gives him no extra cost. The landlady

2

has been charging us 25 cents more every week for gas. That is an addition; and we think of leaving this house at times. Three or four students can arrange to hire an apartment over here quite cheap, but when one of the students leaves, it entails a greater burden on the remaining; and hence it is always dangerous to arrange like that. My friends here, ~~Pranay~~, Rose and Raymond can not go in for an apartment with me because they look for job, and if they get one with lodger and board, they would accept it - But the three electrical Engineering students, from Benares Hindu University manage it together, and live more cheaply than we do.

We all are managing our own laundry. Winter's presence is never felt in our house. Bath-room is the source from which all heat proceeds to the house. I had written earlier about getting it done in winter, but then there was some difficulty due

3

drying. Now we have put up some  
lines in the house and the next drives  
our clothes within a few hours.

I do not think I shall be able  
to answer your enquiries regarding  
shredded wheat for a long time. I hardly  
find time to get in touch for all this.  
Shredded wheat is produced without  
any touch of human hand, shredded  
and packed all by machines, so says  
our landlady. The corn flakes are  
some thing like small pieces of our  
milk, thinner though. The bran is the  
preparation from wheat bran; and it  
is considered so healthy over here that  
it costs more than wheat without it.  
What is called brown bread in England  
is called here 'whole wheat bread'  
and its use is generally recommended.  
The white bread costs 9 cents a loaf,  
but the whole wheat one costs 15 cents,  
and we use whole wheat bread  
with raisins just cut into it. You will  
perhaps not like that my consumption  
& butter has gone down to 1/2 lbs per week  
not because I economize, but because  
I do not know how to take it, except if

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and its use is generally recommended.  
The white bread costs 9 cents per loaf,  
but the whole wheat one costs 15 cents,  
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with raisins just unto it. You will  
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of butter has gone down to 1½ lbs per week  
not because I economize, but because  
I do not know how to take it, except if

it be all by itself. I am taking honey to no extent of 5 lbs per month. You will acknowledge that it is a great compen-  
-sating factor. I prefer to do my  
cooking in butter, but my friends over  
here use "Crisco" a hydrogenated  
vegetable fat - mostly from cotton-seeds.  
I have now been taking 3 lbs of milk  
daily, butter milk has of course dropped.  
It was as rich as our milk used to be.  
In regards fruits I take bananas and  
apples. I intend to spend a bit more  
and have other fruits too. In regards  
green vegetables, I use string beans  
(carrot), cabbages. Tomatoes have gone  
beyond our means. Instead we use  
canned Tomatoes. The vegetables  
soup contains no green vegetables;  
peas and beans also find their place  
as we take in a canned form.  
I thank you a great deal for your  
suggestions, and I hope you will soon  
come to my judgment also.  
You will acknowledge that my  
physical progress testifies to nutritious  
food.

4

it be all by itself. I am taking honey to the extent of 5 lbs per month. You will acknowledge that it is a great compensating factor. I prefer to do my frying in butter, but my friends over here use "Crisco" a hydrogenated vegetable fat - mostly from cotton-seeds. I have now been taking 3 lbs of milk daily, butter milk has of course dropped. It was as rich as our milk. As regards fruits I take bananas and apples. I intend to spend a bit more and have other fruits too. As regards green vegetables, I use string beans (carrots), cabbages. Tomatoes have gone beyond our means. Instead we use canned Tomato soup; the vegetable soup contains all possible vegetables; peas and beans also find their place on our table in a canned form. I thank you a great deal for your suggestions, and I hope you will leave something to my judgment also. You will acknowledge that my physical progress testifies to nutritious food.

The houses here are not sky-scrapers, however we live on the topmost floor the third one. In front lies the main street with the open campus of M.I.T before it. The sun, when it appears, can always get into our room, and make it sunny, and smiling. As regards ventilation and light there can be no complaint.

I would very gladly send you samples of stranded meat, grape-nuts, corn flakes, all that, the cereals as they are called here. but it costs so much trouble. Last time when I sent me three books you ordered to varnish, I had to varnish you, unpack the thing and repack it. No parcel weighing less than four lbs is accepted and I had to send the three books each by itself! by Christmas if you do not get them in India, please write to me by Christmas, and taking advantage of those holidays, I will send you some.

As regards wild day riots and declaration on oath in connection with g consulted Dr Talbot our Dean. He said, "you are perfectly justified in taking an oath; and you fellows who have to care for money should do so." However as we may may come at the most to 4 or 5 dollars, g have thought it better to stand by the American sense of loyalty to one's associates.

Lest this day the invitation to the President's house for a freshman was a little too - affair. On my entrance, Dr Talbot whom I had seen that day earlier, came up to me, shook my hand and wished me to take to the President, if g had not talked to him. But g had already met the President. The Dean is very kind, almost fatherly in his cares and worries about the 1500 or 1600 students of the Tech.

That evening we had a strong wind with some rain. I was almost buried down by the wind while returning. In India such a wind would carry away many a wog. But this was only a sample of a minor tyke. Strong winds blow here with snow-storms; and the Hime is fast coming. The cold is getting on more and more severe, but weather is as ever fitful. On Thursday morning the temperature was  $63^{\circ}$ , while other days it ranged somewhere between  $35^{\circ}$  and  $40^{\circ}$ .

Here the buildings are so poorly heated to a temperature of  $70^{\circ}$  before hardly put on very warm clothings except in heavy overcoat when they move out. You see g shell here no meaning of buying any more warm clothings, and if need be no considerations will prevent one from doing so.

Last Saturday I again went out with Prof. Kosambi to the Athens Restaurants and then to a lecture. I liked the food there a great deal this time. It was so different from that of the last time. The preparation was almost Indian except Prof. Janaki is our est. The show was & cause a mixture of dancing, music and films. Prof. Kosambi is so kind to me and spends a great deal on me. I do not know how to reward his kindness.

Now I no longer remain. I have so many of them with me. Nor do I want anything else. However I have a mind to order from Bhawanpur some wine just as Prof. Kosambi and his son both like them. I shall ask Nagi whether to send me some after a while. May I request you once more not to send me anything whatsoever.

obdly yours

Tribhuvan.

P.S. My respects to the elderly members & family and love to younger